

2010 Mardi Gras Meet

February 26, 27 & 28, 2010

Session Times

- **Session 1 Friday, February 26, 2010**
Prep-op Advanced/Superior

Open Warm-up: 6:30 p.m.

Timed Warm-up: 6:45

March in 7:00 p.m.

Awards: 8:30

Gyms: Head Over Heels; Walkers; MGC Hingham, Quiggs

- **Session 2– Saturday, February 27, 2010**
Level 7

Open Warm up – 8:30

Timed Warm up – 8:45 a.m.

March In – 9:00 a.m.

Awards – 11:30 AM

Gyms: Granite, Head Over Heels, CATS, Cape Cod, Massstars, Spectrum NH, Kaleidoscope, Shen's and Tri-Star

- **Session 3 – Saturday, February 27, 2010**
Level 8 and 9

Open Warm up – 11:45 am.

Timed Warm-up – 12:00 p.m.

March in 12:15 p.m.

Awards – 2:30 p.m.

Gyms: CATS, Cape Cod, Granite, Head Over Heels, Massstars, Tri-Star, Kaleidoscope, Shen's

Session Times, *continued*

- **Session 4 - Saturday, February 27, 2010**
Level 4 and 5

Level 4: CATS, GEMS, QUIGGS, Spectrum NH

Level 5: CATS, MASSSTARS and NESA

Open Warm up – 2:45 p.m.
Timed Warm up – 3:00 p.m.
March in 3:15 p.m.
Awards 5:30 p.m.

- **SESSION 5– Saturday, February 27, 2010**
Level 5 and 6

Level 5: Cape Cod, GEMS, Head Over Heels, Shen's and Spectrum NH

Level 6: CATS, Cape Cod, Head Over Heels, Massstars and Shen's

Open Warm up – 5:45 p.m.
Timed Warmup – 6:00 p.m.
March in 6:15 p.m.
Awards – 8:30 p.m.

- **Session 6 – Sunday, February 28, 2010**
Level 4

Open Warm up – 8:30
Timed Warm up – 8:45 a.m.
March In – 9:00 a.m.
Awards – 11:15 AM

Gyms: Head over Heels, Shen's, Massstars, and Cape Cod

Session Times, *continued*

- **Session 7, Sunday, February 28, 2010**
Pre-op Rookie

Open Warm up – 11:30 a.m.

Timed Warm – up – 11:45 a.m.

March in 12:00 – p.m.

Awards: 2:00 p.m.

Gyms: Head Over Heels, MGC Hingham, Quiggs,

- **Session 8 Sunday, February 28, 2010**
Pre-op Novice

Open Warm-up – 2:15 p.m.

Timed Warm-up – 2:30 p.m.

March in – 2:45 p.m.

Awards – 4:30

Gyms: Head over Heels, MCG Hingham, Quiggs, Walkers

- **Session 9, Sunday, February 28, 2010**
Prep- Op Intermediate

Open Warm-up – 4:45 p.m.

Timed Warm-up 5:00 p.m.

March in – 5:15 p.m.

Awards – 7:45 p.m

Gyms: Head Over Heels, MGC Hingham, Quiggs, and Walkers

